



200 E. Joppa Road ▪ Suite 300 ▪ Towson, MD 21286 ▪ 410-296-7700

**PERSONAL INFORMATION**

Name \_\_\_\_\_ Date \_\_\_\_\_  
Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Email Address \_\_\_\_\_  
Contact Pref. H\_ W\_ C\_ Email \_ Birth date \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ SS # \_\_\_-\_\_\_-\_\_\_  
Marital Status (circle one)    Single            Married            Divorced            Widowed  
Number of Children and Ages \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_

**SPOUSE'S INFORMATION**

Name of Spouse \_\_\_\_\_ Employer \_\_\_\_\_  
Spouse's Birth date \_\_\_\_\_ Spouse's S.S. # \_\_\_-\_\_\_-\_\_\_

**OTHER INFORMATION**

Emergency Contact \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_  
Whom may we thank for referring you? \_\_\_\_\_  
Have you ever been to a chiropractor? Yes\_ No\_ Who? \_\_\_\_\_ When? \_\_\_\_\_  
If yes, were the results satisfactory? \_\_\_\_\_  
Purpose of this appointment \_\_\_\_\_

**PRIMARY CARE PHYSICIAN**

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
May we update them on your condition? Yes \_\_\_\_\_ No \_\_\_\_\_

**INSURANCE INFORMATION**– If insured, please provide your insurance card to copy.

Relationship to insured    Self \_\_\_ \*Spouse \_\_\_ \*Parent \_\_\_

\* If other than "Self" provide Name and Date of Birth of insured:

Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

I understand and agree that health and accident insurance policies are an arrangement between the insurance company and the policyholder. I authorize this office to release any medical information and to complete any usual and customary reports to assist in collecting information from my insurance company. I understand that I am ultimately responsible for payment in full at this office.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

**INJURY INFORMATION**

Describe your major complaint \_\_\_\_\_

When did your problem begin? (specific date if possible) \_\_\_\_\_

How did your problem begin? \_\_\_\_\_

What increases your pain? \_\_\_\_\_ decreases? \_\_\_\_\_

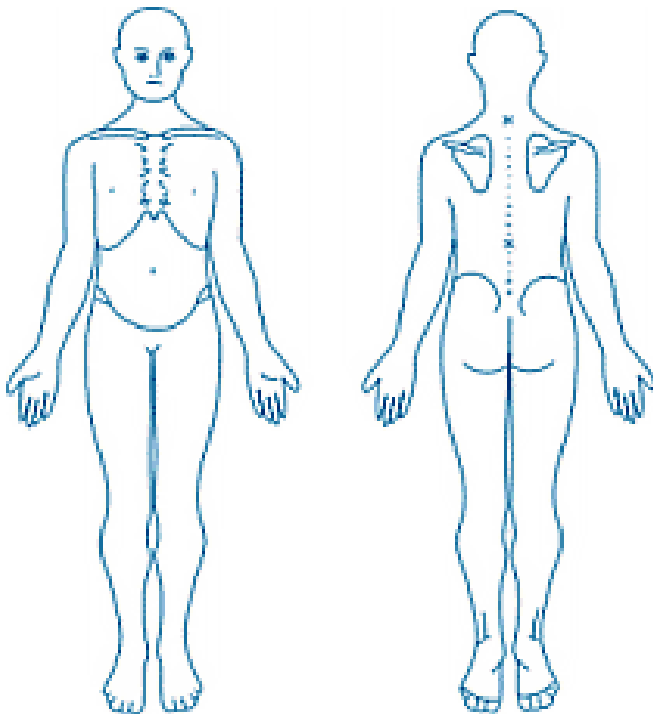
How many days a week do you experience pain/discomfort? \_\_\_\_\_ days

Are your symptoms \_\_\_ Decreasing \_\_\_ Not Changing \_\_\_ Increasing

Symptoms are worse in the \_\_\_ Morning \_\_\_ Afternoon \_\_\_ Evening \_\_\_ Same all day

Has your daily activity changed as a result of your condition? If so, please explain.

No \_\_\_ Yes \_\_\_\_\_



Please check the corresponding pain description and frequency for each area (1,2,3, etc) indicated on the diagram to the left.

Description	Area 1	2	3	4
Sharp pain				
Dull pain				
Ache				
Weak				
Throbbing				
Numb				
Shooting				
Gripping				
Burning				
Tingling				
<b>Frequency</b>				
Constant (76-100%)				
Frequent (51-75%)				
Intermittent (26-50%)				
Occasional (25% or less)				
Other				

Indicate your pain by circling your lowest pain level and highest pain level for each area indicated above.

Area: 1 No Pain 1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Unbearable

2 No Pain 1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Unbearable

3 No Pain 1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Unbearable

4 No Pain 1-----2-----3-----4-----5-----6-----7-----8-----9-----10 Unbearable

What treatments have you previously tried for this condition?

Physical Therapy \_\_\_ Chiropractic \_\_\_ Massage \_\_\_ Orthopedic \_\_\_  
Family/Primary Doctor \_\_\_ Other \_\_\_\_\_

if so, please write names and dates \_\_\_\_\_  
\_\_\_\_\_

Have you had Spinal X-Rays, MRI, CT SCAN? \_\_\_ No \_\_\_ Yes:

Date(s) taken: \_\_\_\_\_ Area taken \_\_\_\_\_

Please list all doctors you are currently seeing and the conditions being treated:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all prescription, non prescription medications and other supplements you take as well associated condition:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any surgeries, hospitalizations or fractures you have had including month and year:

\_\_\_\_\_  
\_\_\_\_\_

List any work, motor vehicle or sports injuries you have had including month and year:

\_\_\_\_\_  
\_\_\_\_\_

List any allergies: \_\_\_\_\_

Do you exercise: \_\_\_ Yes \_\_\_ No Hours per week? \_\_\_

What activities: \_\_\_\_\_

Are you dieting? \_\_\_ Yes \_\_\_ No Since? \_\_\_

Do you smoke? \_\_\_ Yes \_\_\_ No Packs per day? \_\_\_ How many years? \_\_\_

Do you drink alcoholic beverages? \_\_\_ Yes \_\_\_ No Drinks per day \_\_\_

For Women: Are you pregnant/nursing? \_\_\_ Yes \_\_\_ No How many weeks: \_\_\_

Last menstrual cycle: \_\_\_\_\_

**Please circle all that apply:**

**Musculoskeletal Conditions**

Arthritis  
Back problems  
Cramping  
Elbow/wrist pain  
Foot/ankle pain  
Fracture  
Gout  
Hip disorders  
Implants or plates  
Joint or muscle pains/stiffness  
Knee injuries  
Neck pain  
Osteoporosis  
Pins or screws  
Scoliosis  
Shoulder problems  
Swelling, redness, or deformity  
of joint(s)  
TMJ issues

**Neurological Conditions**

Anxiety/Depression  
Dizziness  
Epilepsy or seizures  
Headache or Migraine  
Loss of smell or taste  
Memory issues  
Numbness  
Pins and needles  
Stroke  
Weak muscles

**Endocrine Conditions**

Diabetes  
Excessive thirst  
Heat or cold intolerance  
Increase or excessive urination  
Pancreatic conditions  
Steroid treatments  
Testosterone deficiency  
Thyroid problems

**Respiratory**

Sleep Apnea  
Asthma  
Emphysema  
Persistent cough  
Pneumonia  
Shortness of breath

**Genitourinary**

Blood in the urine  
Incontinence  
Kidney stones  
Painful or frequent urination  
Urinary infection

**Ears, Eyes, Nose and Throat  
Conditions**

Blurred or double vision  
Cataracts  
Dental problems or implants  
Difficulty swallowing  
Hearing problems  
Ear infections  
Vision problems  
Eye surgery  
Glaucoma  
Sinus congestion  
Photophobia  
Hearing loss  
Ringing in ears  
Swollen lymph nodes  
TMJ problems

**Cardiovascular Conditions**

Blood clots  
Chest pain or tightness  
Congenital heart defects  
Coronary artery disease  
Dyspnea  
Heart attack  
Heart murmur  
High blood pressure  
High cholesterol  
Leg pain upon walking  
Low blood pressure  
Lower extremity edema  
Palpitations

**Dermatological or  
Hematopoietic Conditions**

Change in hair or nail  
Easy bruising  
Eczema  
Excessive acne  
Hypo/hyper pigmentation  
Psoriasis  
Skin cancer  
AIDS/HIV

**Gastrointestinal Conditions**

Abdominal pain  
Black or bloody stool  
Change in bowel habits  
Colitis  
Colon cancer or polyps  
Constipation  
Crohn's disease  
Gastric reflux  
Heartburn  
Hemorrhoids  
Irritable bowel syndrome  
Liver disease  
Nausea or vomiting  
Pancreatitis

**Family Health History**

Cancer  
Congenital anomaly  
Hereditary disorder  
Alzheimer's  
Anemia  
Anxiety/Depression  
Arthritis  
Asthma  
Bleeding disorders  
Chemical dependency  
Diabetes  
Heart disease  
High blood pressure  
High cholesterol  
Kidney disease  
Liver disease  
Multiple sclerosis  
Osteoarthritis  
Osteoporosis  
Pacemaker  
Parkinson's disease  
Rheumatoid arthritis  
Stroke  
Thyroid problems  
Tumor

All above questions have been answered accurately, and I understand that giving incorrect information can be dangerous. I authorize this office to release any information pertaining to my treatment to third party payers or other health care providers. I authorize and request my insurance company to pay directly to this office any payable benefits. I understand that payment may be less than the actual cost of services and I will be responsible for any outstanding amounts owed this office.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_